

Summary of Befriending Training Schedule

WEEK 1

Welcome, history and housekeeping
Introductions
Hopes and Fears
Why Befriend?
What is befriending?
How friendships begin
The First Meeting
Elements of befriending
Roles within the Project
Key People in a young person's life

WEEK2

Values and attitudes
Relationships
Exploring Boundaries
Case studies
Guidelines on boundaries
Disclosures

WEEK3

Communication
Social Situations and Communicating
Barriers to effective communication
Child Protection
Categories of Child Abuse
Child Protection Procedures

WEEK4

Administrative Procedures
Endings
Keeping Safe
Volunteer Processes/what happens next
Hopes and Fears